



## LESSON 3

# Strong Passwords and Two Locks

For tweens — print this page and keep it nearby.

## BUILDING STRONG KEYS FOR YOUR ACCOUNTS

- 1 A password is a key**  
It proves an account is yours and keeps everyone else out. Weak keys are easy to copy; strong ones aren't.
- 2 Weak means easy to guess**  
Names, birthdays, pets, "password," "123456," and short passwords all get cracked first. Length is strength.
- 3 Use four random words**  
Four unrelated words like "purple-otter-cloud-banana" is long, hard to guess, and easy to remember.
- 4 Don't share, don't reuse**  
Never tell anyone your password. Give important accounts their own. A password manager can hold them all safely.
- 5 Add a second lock**  
Two-step verification sends a code to a phone — so a stolen password still won't get anyone in. Nobody real asks for your password.

### IF YOU TAKE ONE THING FROM THIS LESSON

With a grown-up, make one strong new password using four random, unrelated words — and use it for an account that matters, like email.

**TRY THIS TODAY** Ask the grown-up who helps with your accounts: "Does my email have a second lock turned on?" If not, set it up together.