



PARENT GUIDE

Strong Passwords and Two Locks

A companion for the grown-up — Tween Bridge, Lesson 3 of 4.

WHAT THIS LESSON COVERED

Your child learned what makes a password weak (names, birthdays, common words, short length) versus strong (long and random — four unrelated words). They learned not to reuse or share passwords, what a password manager does, and what two-step verification — “a second lock” — is and why it matters.

TALK ABOUT IT TOGETHER

- 1 Make a four-random-word password together for one real account.
- 2 Ask which account they'd be most upset to lose, and make sure that one is strong and unique.
- 3 Talk about why a password stops working the moment anyone else — even a best friend — knows it.

WHAT TO WATCH FOR

- Reused or easy-to-guess passwords on important accounts, especially email.
- Key accounts without two-step verification turned on.

THE HABIT TO REINFORCE

Turn on two-step verification for their email and most important accounts, and consider setting up a family password manager together.