



LESSON 1

Safe Words Only

For kids — read this together with a grown-up.

THE FIVE PRIVATE THINGS WE KEEP TO OURSELVES

- 1 Your last name**
Your first name or a nickname is okay. Your full name is like a map to find you — keep it private.
- 2 Where you live**
Your address, your street, and the name of your school are all private. We don't share them online.
- 3 How old you are**
If someone online asks your age, you don't have to answer. You can ignore it or tell a grown-up.
- 4 Your phone number**
Phone numbers belong to your family, not the internet. If someone asks, check with a grown-up first.
- 5 Pictures of where you are**
A picture of your house, yard, or school sign tells people where you are. A grown-up looks at every picture before you post it.

IF YOU TAKE ONE THING FROM THIS LESSON

Pick the private word that is easiest for you to remember. That's the one you'll remember every single time.