

Parent Guide

CyberSmart Kids — Lesson 1: Safe Words Only

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What this lesson covers

Five categories of personal information that should not be shared online: last name, address (including school name), age, phone number, and identifiable photos. The lesson is framed positively — “first name is okay” — so the internet does not feel like a scary place.

Conversation starters

- Which of the five private things is easiest for you to remember?
- Has anyone online (in a game or chat) ever asked you any of these?
- If a kid in your class asked for our home address, what would you say?

What to watch for

Listen for signs your child has been sharing identifying details without realizing it — a full real name in a game username, a school or sports team in chat, the front of your house or school visible in posted videos. Many kids don't think of these as “sharing your address.” Help them connect the dots without making it shameful.

Follow-up activity

Look at one of your child's profiles or game accounts together. Ask: is their full name visible anywhere? Their school? Their age? Their location? Make any changes together — frame it as a team effort, not a correction.

You will never get in trouble for telling. That is the rule, always. — The Safe Click Project